

FETCHAM NETBALL CLUB

RISK ASSESSMENT

SEASON: 2009 / 2010

Activities usually carried out by the Club at Howard of Effingham School, Manor House School and other venues countywide:

- Matches and Training
- Transport to and from matches
- Socials

HAZARD	CONTROL MEASURES IN PLACE	RISK FACTOR	FURTHER CONTROL MEASURES
<u>Matches and Training</u>			
Pulled muscles.	<p>Players to participate in a formal warm up and cool down procedure.</p> <p>Players who are late to matches and training undertake their own warm up.</p>	Low	
Twisted/sprained ankles.	<p>Players are to wear correct footwear and their laces are to be fully tied at all times. The Coach/Captain/Umpire will ensure that this is adhered to.</p>	Medium	<p>Players can obtain ice from Sports Centre reception at training and kitbag for matches for such injuries.</p>
Accidents from jewellery.	<p>Players must remove all jewellery before matches and training commence.</p> <p>Removal of jewellery is checked by the Umpires before matches.</p>	Low	<p>If jewellery cannot be removed then it is to be taped over.</p>

Cuts and bruises.	<p>A first aid kit is courtside at all times and members of the Club have undertaken First Aid training.</p> <p>If there is bleeding, the player must leave the court immediately whilst attending to their injury.</p> <p>Umpires check players' nails before matches to limit the likelihood of cuts and scratches being obtained in this way.</p>	Low/Medium	<p>The person cleaning the blood up/treating the injured person should wear disposable gloves to prevent cross-contamination.</p> <p>The Kit Officer will ensure that the First Aid kit is replenished.</p>
Major Injury	<p>A first aid kit is courtside at all times and members of the Club have undertaken First Aid training.</p> <p>If an ambulance is called the captain of the team must produce the medical form for the player, which will be kept in the team kitbag.</p>	Low/Medium	
Dehydration	<p>It is insisted that all players bring adequate fluids to all training sessions and matches.</p>	Medium	
Players well being	<p>If the player is unwell or injured then they should notify the Coach/Captain immediately. It may be that the player is advised not to play depending on what the Coach/Captain sees fit.</p>	Low	
Players with existing medical conditions	<p>It is the responsibility of the individual to bring to the attention of the Captain/Coach/Committee any known medical condition or previous injuries that may affect their or other Club member's safe participation within the sport. If the issue is of a sensitive nature, then this can be raised via the Secretary or Chair of the Committee.</p>	Medium	<p>Players must complete the Club Membership Form and Health Form before joining the Club.</p>
General court play	<p>Umpires are accredited by AENA to supervise match play and to ensure that the rules set by AENA are observed. Qualified or competent umpires who have undertaken training are used.</p>	Low	

Safe play	Individuals are advised it is their responsibility to play within the rules. Consistent failure to do so or dangerous play will be reported to the Committee.	Low	
Putting up/taking down posts before and after training or matches.	Players' put posts up safely warning other individuals in the area that they are carrying a large object. Two people should be used to carry a netball post.	Low	
Building faults	<p>If players have any concerns regarding faulty lighting, slippery floors/courts, defective equipment etc. then these faults should be reported to the Facilities Officer.</p> <p>At away venues, Captains must ensure that facilities are safe to use and that any defects are reported to the Manager of that venue.</p> <p>Umpires should also check the safety of courts.</p>	Low	If for some reason these issues are not addressed then a further contact is the Chair of the Committee.
Outdoor sessions	For any outdoor training sessions, Captains should evaluate conditions (e.g. icy, wet, poorly maintained courts etc.) before agreeing to proceed with the training or a match.	Medium	
<u>Transport to and from matches</u>			
Road Accidents	<p>It is insisted that the mode of transport used has seatbelts.</p> <p>Club members should not distract the driver.</p> <p>The driver must not have consumed alcohol prior to driving.</p> <p>Drivers should not exceed the seating limit.</p> <p>For journeys more than 2 hours in duration, the Club should use more than one driver.</p>	Low but potentially fatal	

<p><u>Socials</u> (Hazards at socials involve not only members of the Club, but also any guests)</p>			
<p>Excessive Alcohol</p>	<p>Club members and their guests are requested to use their common sense and be aware of potential dangers. Club members are reminded that they are representing Fetcham Netball Club.</p>	<p>Medium</p>	